

# Healing is systemic — and so is *leadership*.

Harmonia Sanare partners with leaders and organizations to restore clarity, energy, and alignment — so people and businesses grow sustainably while staying deeply human. We bring the same systemic lens to a leader's nervous system that we bring to a company's operations.



**Dr. S. Kimberly Liu**

*Physician, holistic healer & executive strategist*

- Doctor of Oriental Medicine, *summa cum laude*
- Doctor of Medicine (MD) · MBBS & B.S. Biomedical Science
- B.S. Psychology · FL-licensed Primary Physician
- NCCAOM Doctor of Oriental Medicine

**20+** YEARS    **7** LANGUAGES    **4** COUNTRIES

Featured on television, radio & podcasts · co-published author · multicultural, cross-cultural physician.

## ENGAGEMENTS

### Executive Wellness Concierge

Private, high-touch support for leaders — burnout prevention, resilience, and sustained clarity, built around your schedule.

Retainer from \$1,500 / month

### Conscious Leadership Coaching

Develop the emotional intelligence, conscious decision-making, and systemic awareness that build cultures of trust.

Engagements from \$4,500

### Fractional COO & Organizational Consulting

Align vision with structure — operations, finances, and team flow — for sustainable, human-centered growth.

Scoped per organization

### Speaking, Keynotes & Team Retreats

Talks and retreats weaving medicine, leadership, and systems thinking into practical strategy. Available in English & Spanish.

Retreats from \$6,000



Prevent burnout before it costs you



Build resilient, present leaders



Bring clarity to teams & systems



Sustainable, human-centered growth

## Begin a conversation

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*Heal through harmony.*

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